

1 Month After Discharge

Visit Focus: Growth and transition home

Providers: Medical provider, dietitian, therapy team

A dietitian is available for nutrition review at all visits.

4 Months Adjusted Age

Visit Focus: Growth and early motor skills

Providers: Medical provider, therapy team

8 Months Adjusted Age

Visit Focus: Motor skills, feeding progression

Providers: Medical provider, therapy team

12 Months Adjusted Age

Visit Focus: Comprehensive evaluation of developmental progress

Providers: Medical provider, therapy team, audiologist, dietitian

**Optional 15 months adjusted age (as needed)*

Visit Focus: Optional visit, if needed

Providers: Therapy team, dietitian

18 Months Adjusted Age

Visit Focus: Speech and motor progression

Providers: Medical provider, therapy team

24 Months Adjusted Age

Visit Focus: Comprehensive transitional visit

Providers: Medical provider, therapy team, dietitian

**Optional 20-22 months adjusted age (as needed)*

Visit Focus: Optional visit, if needed

Providers: Therapy team, dietitian

Whom do I contact if I have a question or if I need to reschedule?

UNC Hospitals Division of Neonatology

Office 984-974-2447

Fax 984-974-7857

UNC Children's
101 Manning Drive
Chapel Hill, NC 27514
Phone: 984-974-1401
Fax: 984-974-7857

UNC Children's Raleigh
2801 Blue Ridge Road
Raleigh, NC 27607
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UNC Special Infant Care Clinic

unchealth.org

What is the UNC Special Infant Care clinic?

The Special Infant Care Clinic follows babies at high risk for delayed milestones. Our goal is to find and treat delays early to give your child the best outcome.

How is the Special Infant Care Clinic different from other appointments?

Your child's regular doctor will provide most routine care, including checkups and shots. However, some babies who are at high risk for delays or who have certain health problems will need follow-up from a special team. The team at the UNC Special Infant Care Clinic includes doctors, nurse practitioners, physical, occupational, and speech therapists, audiologists, and a dietitian. We will follow your child until they are two years old.

How will the Special Infant Care Clinic help your child meet their goals?

Some high-risk newborns will also be referred to the Children's Developmental Services Agency (CDSA) for follow-up. This is part of the Department of Health and Human Services (DHHS) and is a county-based program. They will contact you after your child goes home from the hospital to discuss a time to evaluate your child. They can provide physical, occupational, speech, developmental, and other home therapies. The Special Infant Care Clinic team will provide referrals for these services.

What will my appointment with the UNC Special Infant Care clinic look like?

Your child's first visit will be 4–6 weeks after they come home from the hospital. After that, we will see them every few months until they are two years old.

At each visit, we will assess your child's physical and developmental progress. We will make referrals, if needed, and share this plan with your child's regular doctor.

Appointments may last up to two hours, so please have your child well rested and comfortable. Bring baby supplies and snacks for your child and yourself.

Where is the UNC Special Infant Care clinic?

The Special Infant Care Clinic is on the Ground Floor of the UNC Children's Hospital. There is also a Raleigh office near UNC Rex Hospital.

Will Insurance cover this evaluation?

Most plans will cover the visit. If you are not sure, call your insurance group or our clinic financial staff at 984-974-9968.

Is there a Special Infant Care clinic close to where I live?

There may be. Many large hospitals offer follow-up clinics. The SICC team will look to see if there is an option closer to your home and will refer there on your behalf.

A Little About Your Child's Follow-up

Keeping up with your baby's health needs after coming home from the hospital is important. If your child has many follow-up needs, talk with our team's nurse at 984-974-2447 to help with your child's care.

