

December 2025/January 2026

Newsletter (winter edition)



Since launching in 2022, the ACURE4Moms study has made meaningful contributions to understanding maternal health disparities across North Carolina. This important work continues to grow thanks to the dedication and passion of our team members, whose commitment is helping drive research that supports healthier outcomes for mothers and families throughout the state.



Our Growth and Success



Recruitment & Enrollment:

- 49 sites randomized
- 52,780 patients enrolled
- 30,251 birthweights
- 13 active sites
- 22 clinics completed study intervention as of 11/30/25
- Most sites continuing/starting doula



Maternal Health Equity Education & Training (MHEET) Sessions: 211 total completed

- MHEET #1: 31 completed (8 observed)
- MHEET #2: 31 completed (9 observed)
- MHEET #3: 31 completed (12 observed)
- MHEET #4: 29 completed (10 observed)

support

Longitudinal Patient Survey:

- 15,225 potentially eligible participants
- 6,233 assessed for eligibility as of 11/3/25
- 2,506 enrolled; withdrawn 795

- MHEET #5: 28 completed (7 observed)
- MHEET #6: 26 completed (5 observed)
- MHEET #7: 19 completed (8 observed)
- MHEET #8: 18 completed (6 observed)
- MHEET #9: 11 completed (3 observed)

IMPLEMENTATION INTERVIEW UPDATES



Pre-Implementation interviews:

- 135 staff completed Pre-Implementation interviews
- All transcripts coded and analysis finalized
- 1st draft of manuscript underway

Mid-Implementation Interviews:

- 89 staff completed Mid-Point implementation interviews

End-Implementation Interviews:

- Started recruitment on 8/12/25
- Completed 42 interviews as of 12/17/25

Patient In-Depth Interviews:

- 17 interviews completed as of 1/6/26

DOULA INTERVENTION



MAAME INC.

doula referrals: 494

clients matched: 14

client births: 117



MOMMA'S VILLAGE FAYETTEVILLE

doula referrals: 974

clients matched : 257

client births: 130



DECEMBER AND JANUARY REFLECTION & OBSERVANCES

As we reflect on the meaningful work of 2025 and step forward into 2026, we are reminded of the powerful role that awareness, intention, and community play in nurturing health and well-being. Over the past year, ACURE4Moms team members continued to shine a light on critical issues impacting birthing families from physical wellness and mental health to education, prevention, and equitable care.

Each conversation, training, and shared resource brought us closer to our collective goal: ensuring that every birthing person feels supported, informed, and seen. These efforts are rooted in the belief that equitable care is not only essential for individuals, but transformative for families and communities as a whole.

As we enter the new year, we invite moments of pause and reflection an opportunity to honor how far we have come while renewing our commitment to the work ahead. Together, we move into 2026 with hope, purpose, and a deepened resolve to uplift birthing families through compassion, connection, and continued action.



- HIV/AIDS Awareness Month
- Persons with Disabilities Awareness Month
- Seasonal Affective Disorder Awareness Month
- Impaired Driving Awareness Month
- Universal Human Rights Month



- Human Trafficking Prevention Month
- Poverty in America Awareness Month
- Cervical Health Awareness Month
- Blood Donor Month
- Mental Wellness Awareness Month
- Birth Defects Prevention Month

- World AIDS Day (Dec 1)
- International Day of Persons with Disabilities (Dec 3)
- World Soil Day (Dec 5)
- St. Nicholas Day (Dec 6)
- National Pearl Harbor Day of Remembrance (Dec 7)
- Bodhi Day (Dec 8)
- National Inclusive Schools Week (Dec 8-12)
- Human Rights Day (Dec 10)
- UNICEF Day (Dec 11)
- Universal Health Coverage Day (Dec 12)
- National Energy Conservation Day (Dec 14)
- Hanukkah (Dec 14-22)
- Las Posadas (Dec 16-24)
- International Migrants Day (Dec 18)
- Yule (Dec 21-Jan 1)
- National Farmers Day (Dec 23)
- National Consumer Rights Day (Dec 24)
- Christmas Eve (Dec 24)
- Christmas (Dec 25)
- Kwanzaa (Dec 26-Jan 1)
- New Years Eve (Dec 31)

- Thyroid Awareness Month
- Glaucoma Awareness Month
- Muslim American Heritage Month
- New Years Day (Jan 1)
- Mahayana New Year (Jan 14)
- Three Kings Day/Epiphany (Jan 6)
- Orthodox Christmas Day (Jan 7)
- National Human Trafficking Awareness Day (Jan 11)
- Orthodox New Year (Jan 14)
- World Religion Day (Jan 18)
- Martin Luther King Jr. Day (Jan 19)
- International Holocaust Remembrance Day (Jan 27)

ENROLLED SITES

- WakeMed Raleigh Campus (Andrews Center)
- WakeMed Cary
- WakeMed Raleigh (Oberlin Street & Clayton Combined)

- WakeMed North
- ECU OBGYN (ECU Brody OB)
- Novant Health Coastal OB/GYN Shipyard
- Southern Pines Women's Health Center
- UNC Southeastern
- Durham Women's Clinic
- Chapel Hill OBGYN
- Green Valley OB/GYN
- Atrium Wake Forest Baptist OBGYN Downtown Health Plaza



Thank you for your support

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