## Patient Instructions:

* Standardized Patient: The headache woke you from your sleep around midnight. It is frontal in location, constant, and different from prior headaches with regard to character and intensity (7 out of 10). Prior headaches respond well to acetaminophen, but the current headache did not improve after taking this today. You have a history of preeclampsia and are worried about recurrent diagnosis. Your blood pressures were normal at your last visit. You were provided with a home blood pressure cuff because of your history of preeclampsia. You have not been using the cuff regularly and you were not sure if the blood pressures were accurate.
* You are anxious and worry if anxiety or your position in the bed can affect your blood pressure reading.
* Family Member:
* The family member may pretend to be the patient’s partner, mother,

relative or friend. This person may ask questions during the scenario including things like:

* + “Why is her blood pressure so high?”
  + “Can we just wait to see if her blood pressure gets better instead of going to the hospital?”
  + “I think she is just worried and you are making her nervous, can you give her something for anxiety?”
  + “Why didn’t her blood pressure improve after the medication you gave her?”
  + “Can we just start BP medicine now, go home and see if it works?”
  + “She isn’t swollen this time like she was last time.”