## Patient Instructions:

* Standardized Patient: The headache woke you from your sleep around midnight. It is frontal in location, constant, and different from prior headaches with regard to character and intensity (7 out of 10). Prior headaches respond well to acetaminophen, but the current headache did not improve after taking this today. You have a history of preeclampsia and are worried about recurrent diagnosis. Your blood pressures were normal at your last visit. You were provided with a home blood pressure cuff because of your history of preeclampsia. You have not been using the cuff regularly and you were not sure if the blood pressures were accurate.
* You are anxious and worry if anxiety or your position in the bed can affect your blood pressure reading.