

University of North Carolina at Chapel Hill

Department of OB/GYN

Clinic Partner Information

Arranging Bilateral Tubal Ligation during Cesarean Sections for Patients Lacking Insurance Coverage

- Be sure that the patient is aware that this is a voluntary, non-reversible procedure and that there are other options, such as the Nexplanon, the Mirena IUD, and the ParaGard IUD. These long acting reversible contraceptives (LARCs) provide a similar level of protection but allow a woman to become pregnant in the future if her reproductive desires change. Patient education and any needed consult appointments should be clearly documented in her medical record.
- If a woman is certain she wants a BTL at the time of her Cesarean and does not have insurance coverage for the procedure, she should contact a UNC Financial Counselor (FC) in the UNC OB/GYN Clinic at NC Women's Hospital. Contact numbers are (984) 974-8976 and (984) 974-8977. The FC will inform the patient of the cost, required deposit, and of the opportunity to set up a payment plan. Forms of payment include credit and debit card.
- We encourage this contact be established no later than 34 weeks.
- The UNC Financial Assistance Program does not cover elective tubal ligations.