

November 14, 2018

[#PremieChat Tweet Chat](#)

#WellnessWed, November 14, 2018 / 3:00–4:00 PM ET

Chat Questions:

Q1: What does premature birth (PTB) mean? #PremieChat #WellnessWed

Q2: What are the signs and symptoms of preterm labor (PTL)? #PremieChat #WellnessWed

Q3: What should a woman do if she thinks she's having preterm labor (PTL)? What can a woman expect when she sees her provider? #PremieChat #WellnessWed

Q4: Babies who are born prematurely are more likely to have health problems. Which conditions commonly affect premature babies right after birth? #PremieChat #WellnessWed

Q5: Many premature babies deal with health problems for many years or all their lives. What are some examples of those conditions? #PremieChat #WellnessWed

Q6: Are there any preventative measures that can help reduce the risk for preterm labor (PTL) and premature birth (PTB)? #PremieChat #WellnessWed

Q7: Does preconception health and wellness impact pregnancy outcomes, such as premature birth (PTB)/infant mortality? #PremieChat #WellnessWed

Q8: Unfortunately, some groups are disproportionately affected by premature birth (PTB). What are some of the racial/ethnic disparities in premature birth? Why do these disparities exist? #PremieChat #WellnessWed

Q9: What can families, health professionals, policy makers do to improve health disparities of premature births? #PremieChat #WellnessWed

Q10: What support is available for mothers and families if a baby is born prematurely? #PremieChat #WellnessWed

Just a reminder:

- End each tweet with: #PremieChat #WellnessWed
- #PremieChat #WellnessWed Storify and metrics will be forthcoming!

Moderator: @PCHHC

Panel: @MomsRising @MODHealthTalk @HealthyWomen @BirthEquity @4thTriProject
@UNCCMIH @texaschildrens @MotherToBaby @DC_AMCHP
Bilingual Tweets by @nacersano @MamasConPoder.

Hashtag: [#PremieChat #WellnessWed](#)