

A photograph of a baby sleeping peacefully in a crib. The baby is wearing a yellow and grey striped onesie and has their arms raised above their head. The crib has a white wooden frame and a white sheet with a green polka-dot pattern.

Does Your Baby Sleep Safe?

Share the Room, Not the Bed.

Your baby sleeps safest **on their back**
and **in a crib or pack n play.**

Over 130 babies in NC die each year of sleep-related causes.
Many of these deaths could be prevented.



Learn more at SafeSleepNC.org