Discharge Checklist

Feeding plan options:

Oral feedings, cup feeding, syringe feeding.

Home gavage feeds: Considerations –

- Who will teach family to place the gavage tube?
- What happens if the tube is dislodged at home?
- Who will manage the feeding plan (increasing feeding volume, working on safe oral feeds, etc)?
- If there is long-term survival, how will feeding issues evolve over time and what are possible next steps in that case?

Hospice

Involve Supportive Care to clarify options and support the family’s decision-making?
What resources are available in the community?
Establish follow-up schedule
Consider a plan for ‘unexpected’ prolonged survival

Pediatrician

Discuss family goals and the process of decision-making and outline how the Pediatrician can support those goals

Discuss options for support and follow-up (Complex Care Clinic, Subspecialists, etc)

Subspecialists

Discuss follow-up schedule and timeline of possible decision points if the infant survives days or weeks

Other planning - Discuss “What ifs…”

What if your infant gets ill? (Pediatrician vs ER? Hospitalization?)
What if you infant stops breathing? (Hospice vs ER?)