



## **Ductal Infection**

### **What is ductal infection?**

Based on your symptoms and physical exam, we have diagnosed you with a ductal infection. Some mothers have a slow-growing infection in their breasts that causes pain without causing a fever. These slow-growing infections are not dangerous for the baby, and it is safe to continue to breastfeed.

### **Treatment for Ductal infection**

To treat this infection, we have prescribed you with an antibiotic. Please finish the pills, even if your pain gets better before you are done. This medicine is safe to use while you are breastfeeding.

### **What pain medications are safe during breastfeeding?**

To help relieve your pain, it's safe to take Acetaminophen (Tylenol) 650-1000 mg every 4 to 6 hours (but no more than 4000 mg – or 8 extra-strength pills – per day) or Ibuprofen (Motrin) 400-600 mg every 6 hours.

### **When you should start to feel better**

Ductal infections sometimes take a long time to get better. If you continue to have pain after 7-10 days, or if you have any additional concern, please call the Warmline at 984-974-8078 or 866-428-5608.